

National Skill Training Institute (NSTI), Kanpur

MCQ TEST 03 - POT / TM

01. Progress Reports -

- A. Are Discouraging to Slow Learners
- B. Can be eliminated if a Final Report is made
- C. Make Unnecessary Work for the Instructor
- D. Motivate Learners to Make Greater Efforts**

02. WIMs are useful for -

- A. Impart Uniform Instruction
- B. Attend Individual Learning Problems
- C. Save Learning Time and Increase Teaching Time
- D. All of the above**

03. Stress can be caused in our life by -

- A. Pleasing Events
- B. Creating Crisis
- C. Both Pleasing Events and Creating Crisis**
- D. Happy Events

04. Familiarity, Awareness, or Understanding gained thru Experience or Study is known as -

- A. Skill
- B. Knowledge**
- C. Ability
- D. Competency

05. Ability, Proficiency, Facility, or Handiness that is acquired or developed through training or experience is called -

- A. Knowledge
- B. Skill**
- C. Competency
- D. Ability

06. Knowledge + Skill = _____.

- A. Competency
- B. Ability**
- C. Competence
- D. Understanding

07. Varied Knowledge X Varied Skills = _____.

- A. Ability
- B. Competency**
- C. Competence
- D. Experience

08. Possession of a Satisfactory Level of Relevant Knowledge and acquisition of a range of Relevant Skills that include Interpersonal & Technical components is known as -

- A. Skill
- B. Knowledge
- C. Competency
- D. Competence**

09. Quality = _____.

- A. Performance * Expectation**
- B. Expectation – Performance
- C. Expectation + Performance
- D. Performance † Expectation

10. In the Vocational Education & Training Institutes, Repetition helps to develop -

- A. Skill**
- B. Speed
- C. Accuracy
- D. Habits

11. Effective Learning requires -

- A. Knowledge
- B. Skill
- C. Continuity
- D. Activity**

12. Learning results among the students from -

- A. Continuity
- B. Habits
- C. Stimulation**
- D. Behavior

13. Main Objectives for Effective Teaching Process applied in the VET Institutes are -

- A. Help the Learners to understand the realities properly & may adjust in a better way
- B. Enable the Learners to establish the contact with truth & to take the decisions by teaching
- C. Make a Learner the Best Worker & Thinker
- D. All of the above**

14. Instructor working in VET Institutes imparts the -

- A. Trade Knowledge & Skills
- B. Right Attitude
- C. Habits towards Work & Profession
- D. All of the above**

15. Instructor working in VET Institutes can Provide Feedback to the Learners on their -

- A. Performance
- B. Contribution & Cooperation
- C. Progress
- D. Performance, Contribution, Cooperation and Progress**

16. 'Supporting a Person if facing a personal Crisis or Problems' is known as -

- A. Coaching
- B. Mentoring
- C. Counseling**
- D. All of the above

17. Purpose of Coaching is -

- A. Increasing Performance**
- B. Learning to take place
- C. Solving Problems / Issues of the little confused person or who does not know what to do
- D. All of the above

18. Counselor Focus on -

- A. Motivational Speaking with the Counselee & Increasing his / her Performance
- B. Learning and Development of the Counselee
- C. Boosting Confidence of the Counselee, Problem Solving & Decision making**
- D. All of the above

19. SWOT Analysis can help to develop -

- A. Business, Professionals and Executives
- B. Students, Parents and Career Starters
- C. Husband-Wife and Social Services
- D. All of the above**

20. Which option is not true about Distance Learning (DL) over Traditional Learning?

- A. More flexible in terms of Rigid Schedule
- B. Saves more Transportation Cost of the students
- C. Students can Work and Earn Money while Learning
- D. Online Classes costs more**